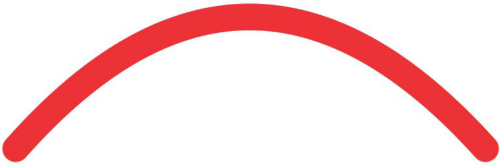
HIV-AIDS

Greatest Lie of 21st Century

(& the most profitable business)



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DEDICATION

Dedicated to my angel daughter Ivy,

loving wife Neerja

&

caring parents

Shri Bikash Roy Chowdhury

Shrimati Lila Roy Chowdhury.

PREFACE

This book touches the most sensitive subject of the modern world. The truth given in the book is going to shake the faith of humanity on modern medicine forever. To avoid the confusion and misunderstanding about the reality of HIV/AIDS hypothesis and keeping in mind that the subject is already too complicated with lot of stigma and taboo attached around it, the book is divided into two sections. Section Ist attempts to explain the whole story in a plain language, while the section IInd is in a format more acceptable to the scientific community. However, the examples in both the sections are mutually exclusive. With this, I hope the book will be able to relieve the mankind of the economic, social and psychological burden of HIV/AIDS ...... forever.

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Chapter 1

INTRODUCTION

HIV-AIDS: The greatest lie of 21st century!
Don't believe me!

You may be thinking that how the entire medical fraternity can be so totally wrong, that too for so long *(as long as 35 years).* Look at the history, such kind of medical frauds are not new to the world. For *Tuskegee Syphilis Experiment,*[1] a medical fraud that retained itself for 40 years is unquestionably the worst of case of medical misconduct by America. This scam badly affected the entire Negro population between the years 1932 to 1972, till the time it was exposed by a whistleblower, Peter Boxton.

> **“Tuskegee Syphilis Experiment –**
> **A medical fraud, which took**
> **40 years to get exposed!”**

In the same line, how can science go so terribly wrong in case of SMON, *Subacute myelo-optic neuropathy.*[2] As, during 1960s and 1970s for approximately 15 years, doctors blamed a virus (as in case of HIV-AIDS) for the sudden outbreak of a new intestinal disorder and remarkably treated the patients with the very drug, which was actually causing the illness! It was only on August 3, 1978, when the Tokyo court ruled that the cause of SMON is Clioquinol, which was the medicine itself, thereafter, even the manufacturers; Ciba-Geigy publicly apologized and accepted that their product was the real culprit and not the virus.

Let me give a recent example which you will better relate to, Diabetes. The time the first diabetes medicine was discovered, not more than a century ago, the major blame of high sugar has always been given to fruits; especially the sweet fruits

> **“SMON caused blindness, paralysis and death; a virus was blamed for 15 years”**

like mango, grapes and even banana. However, the truth is that these very fruits can contribute in the care of diabetes in fact, the fructose in the fruit reduces the blood glucose. Yes, I have proved it, and the research has been published in the Journal of Metabolic Syndrome on October 23, 2017.[3] Moreover, for the same, a mass awareness program was conducted on November 12, 2017, "Blood Sugar Live Experiment to Cure Diabetes" which spread like a wildfire worldwide through social media.

The event had such a high impact that, on one side the diabetes patients started to experience the instant benefit of choosing to eat sweet fruits in large quantity, and on the other side the diabetologists from across the world criticized the whole idea through newspaper interviews, you-tube video uploads, blogs etc. Their desperation was obvious, since they were losing the patients as the

> **“If you are diabetes patient, to eat fruits like mango & banana in large quantity can help you cure diabetes - A truth kept under wrap for about a century!!”**

diabetic patients were getting cured naturally by restoring to fruits instead of medicine.

The entire debate and criticism by the medical fraternity was silenced, only when the mainstream medical science itself accepted that fruits do not increase blood sugar, and this was with the release of the research article, '*100% Fruit juice and measures of glucose control and insulin sensitivity*' in the Journal of Nutritional Science,[4] which caught all the attention being published by all major print and electronic media on January 20, 2018. Sadly, even in this modern scientific world the lie and scientific fraud can exist without getting exposed for even more than a century, thereby, causing a great loss to the humanity by profit minded medical industry.

Coming back to the topic HIV-AIDS, it's not a disease; it's more of a business of fear.

> **“HIV-AIDS, it’s not a disease,**
> **it’s a business of fear!”**

Inducing the fear of death, as could be understood by the example of "Durban Declaration" where it was predicted that 24 million Africans would die in a year or so because of HIV-AIDS. On the contrary, the truth is that at the time of launch of HIV-AIDS hypothesis, in the year 1984, the population of Sub-Saharan African was 400 million and now the population is nearly 1.5 billion, making it the fastest growing population in the history of mankind.

The whole idea of HIV causes AIDS started with a fraud, to begin with Dr. Robert Gallo, a researcher employed by the National Institute of Health (NIH) presented his discovery of a new virus HIV, which according to him is the probable cause of AIDS,[5] only to be accused by a French scientist Dr. Luc Montagnier of stealing his HIV sample.[6,7] Later, it ended with a compromise that Gallo and Montagnier will share the credit as a co-discoverer

> **"African, the fastest growing population of the world"**

of HIV and ownership rights of HIV test. Since then, Luc Montagnier, a Nobel prize winner stated that, “HIV cannot cause AIDS!”

There are atleast 4 Nobel prize winners including Kary Mullis, the inventor of PCR test *(test used to diagnose HIV),* Dr. Walter Gilbert, Prof. of Biochemistry Department (Harvard University) and Wangari Maathai, an environmental scientist along with more than 2000 scientists/virologists who raised questions about the “HIV to be the cause of AIDS.” Even today, the number of scientists/researchers objecting to the whole idea of HIV=AIDS are increasing day by day as the evidences against the hypothesis of HIV/AIDS are getting reported in various esteemed medical journals.

For instance, it is believed that the HIV positive (HIV+) mother will give birth to HIV+ baby.[8] However, the truth is just the opposite, as an HIV negative

“2000 scientists including 4 Nobel prize winners objected to the HIV/AIDS hypothesis”

(HIV-) mother may give birth to a HIV+ child.[9] Similarly, it is believed that the sexual partner of an HIV+ patient will also contract HIV. However, there are no evidences to prove it.

Inspite of tons of data and findings accumulated in the research journals against the hypothesis that HIV causes AIDS yet, the AIDS industry is successful in proving that HIV-AIDS has the potential to kill and lead to extinction of humanity.

Not only this trillion dollar industry will collapse, but also the reputation of modern medicine and doctors will be at stake if the truth of HIV/AIDS hypothesis is exposed. Therefore, the medical industry can go to any extent to ensure that the truth must not reach the common mass.

Looking back in time, all this started with money, when in 1981; the U.S President Nixon ran out of

> **“HIV/AIDS – A Trillion Dollar Industry!”**

funds and failed in the ‘War on Cancer campaign.’ Consequently, all the researchers who were involved in the campaign became unemployed. At the same time, the Centers of Disease Control (CDC) alerted the world about a rare kind of pneumonia and sarcoma *(later named as AIDS)*, which attracted a lot of funding.[10] Once again, the jobless researchers were back with their “orphaned” viruses to be linked as a probable cause of cancer. Imagine, a virus waiting to be adopted as a cause of a disease!

> **“HIV - previously thought to cause Cancer and Alzheimer’s”**

Chapter 2

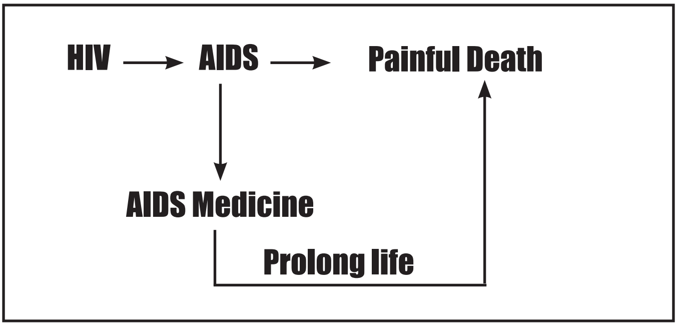
CONSENSUS

What is HIV/AIDS?

There are two answers to this question. One which the government and the mainstream medical fraternity including WHO *(World Health Organization),* CDC *(Centers for Disease Control)* and FDA *(Food and Drug Administration)* want you to believe and the other, the real picture, the truth. First, let's talk of the already accepted consensus. HIV, a Human Immunodeficiency Virus can pass on from one person to other through sexual contact or blood transfusion and once it happens, the infected person is destined to suffer from illness called AIDS *(Acquired Immunodeficiency Syndrome)* and will eventually die of AIDS. Further, there is no cure but some medicine may help to

> **“CDC wants you to believe that HIV causes AIDS”**

prolong the life of infected person. In simple terms:-

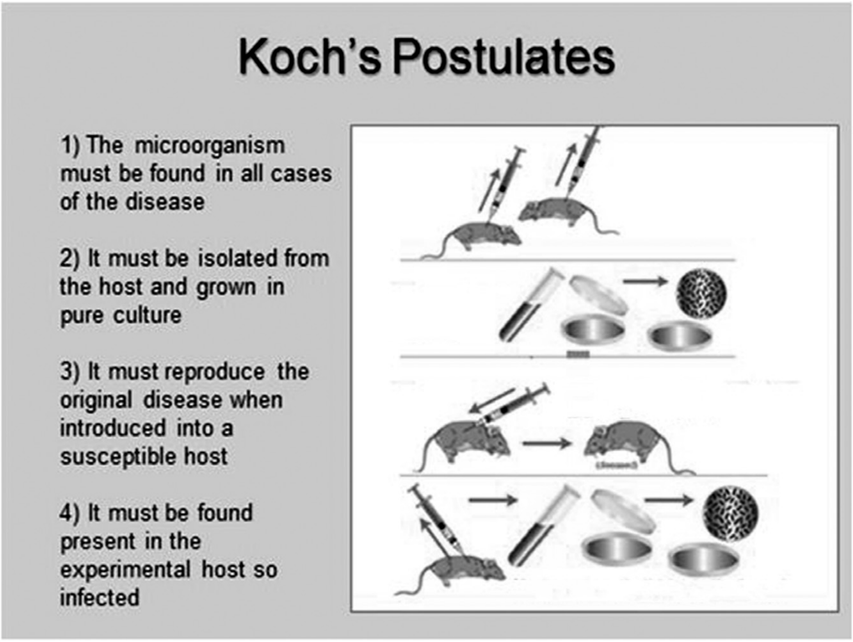

HIV
AIDS
Painful Death
AIDS Medicine
Prolong life

Above is what the medical authorities want you to believe!

However, to blame any virus to be the cause of a disease, then it must satisfy the criteria of Koch's postulates.

I. According to Koch's postulates, the microorganism(s) must be found in all cases of the disease.

> **“AIDS Medicine: Do these really help the AIDS patients?”**



Koch's Postulates

1) The microorganism must be found in all cases of the disease

2) It must be isolated from the host and grown in pure culture

3) It must reproduce the original disease when introduced into a susceptible host

4) It must be found present in the experimental host so infected

Source: https://www.lewrockwell.com/2015/08/donald-w-miller-jr-md/unmasking-medical-falsehood/

The Finding:- In case of HIV, as reported by Gallo, who is credited for HIV/AIDS hypothesis, in his own paper published in Science, dated May 4,

> **“To establish a microorganism to be the cause of a disease; it must satisfy the Koch's postulates”**

1984, in more than half of the AIDS patients, he could not find HIV.[11]

II. The Koch's 2nd principle says that the virus must be isolated from the patient and grown in an environment outside the body.

The Finding: In case of HIV, since the time HIV/AIDS hypothesis was introduced, HIV could never be isolated from the patient. There had not been a single paper published to prove that HIV is successfully isolated from the human body.

III. The 3rd principle says that the virus isolated from the patient, if injected in other healthy person, the same disease must reproduce.

The Finding:- Since, the HIV could not be isolated, so the 3rd principle could never be tested.

IV. Once the isolated virus is injected in healthy person, the same virus must be found in the healthy person.

“HIV has never been found in the human body!!”

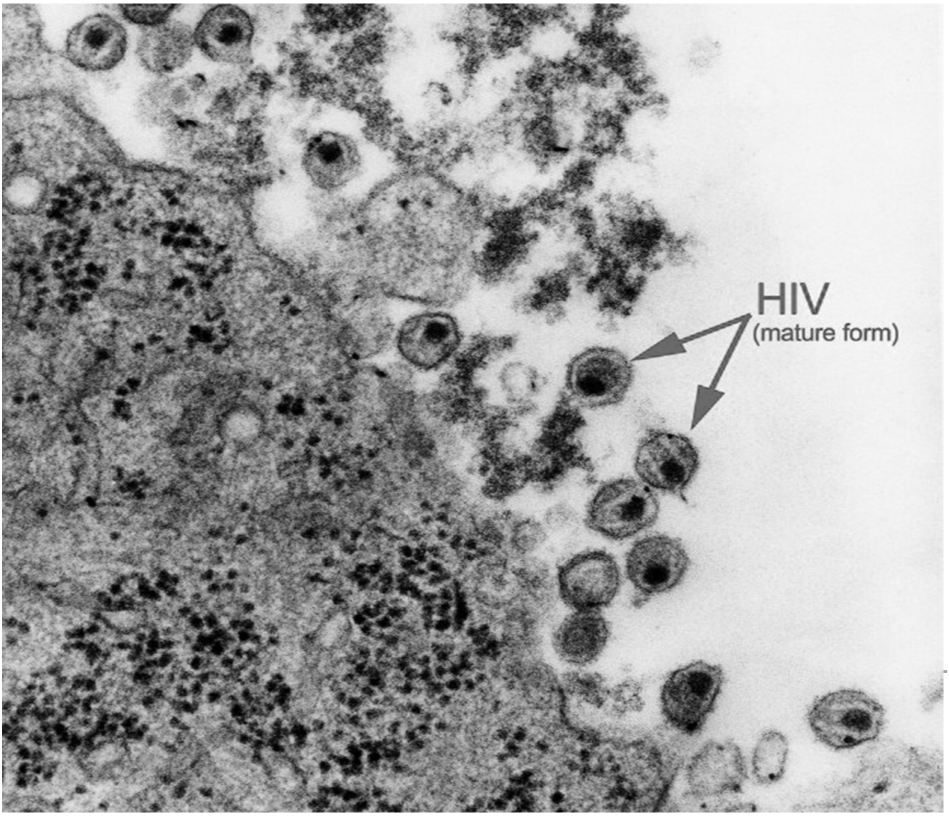
The Finding:- Since, the 2nd principle could not be followed, hence the 3rd and 4th principle dependent on 2nd principle could not be concluded.

Hence, the HIV/AIDS hypothesis fails miserably once we try to test it in accordance with the Koch's postulates.

Besides Koch's postulates, another criteria to establish that a virus or a microbe is a cause of a disease, is the electron micrograph technique *(picture technique)* of a virus to be taken directly from the patient. In 2010, Etienne de Harven (produced the first electron micrograph of a retrovirus in the year 1960)[12] reported that all images of particle supposedly representing HIV, as is published in various journals and also in mass media, is of a sample from the cell culture.

> **“The electron micrograph picture of HIV, as is published worldwide is not of sample taken from an AIDS patient; rather it's from a cell culture”**

There has never been an electron micrograph picture captured of HIV directly from an AIDS patient.[13] It's like a statue of god in the temple, which is just a symbolic representation of god, but may not be the same as the god itself.



Electron micrograph of HIV mature form
Source: http://phil.cdc.gov/phil/imageidsearch.asp
(Image ID # 8254)

Here, the point of query could be that, in the absence of such a crucial evidence to prove HIV/ AIDS hypothesis, how the current medical system is diagnosing a person to be HIV positive?

The basis of the above system is the U.S patent 4520113, which is an antibody test to diagnose HIV, and was granted to Robert Gallo on May 28, 1985. For your understanding, antibodies are a kind of protein produced by the body to neutralize and fight the pathogens and viruses.

Gallo's antibody test assumes:

- Antibodies of his test are specific to HIV only.
- The presence of specific antibody means the HIV is present in the body.

> **“As water and fire cannot exist simultaneously, similarly in the presence of a specific antibody, the virus cannot exist”**

The Finding:

I. Gallo's antibodies which were claimed to be specific to HIV are not specific to HIV (as you will see ahead in this book); rather they were produced in response against HERVs (the Human Endogenous Retrovirus), a kind of virus which the body produces on its own, when a person is ill. As the person gets well, the HERVs also vanish.

II. Antibodies are a kind of weapons of the body to fight the virus. The presence of antibodies means now the virus does not exist anymore. Surely, the specific virus must be there in the past, as a result the body produced antibodies specific to the virus. But, here in this context, it is not clear that whether the target antibodies were produced as a result of presence of HIV or HERVs.

> **“If you are tested HIV+,
> it’s rather HERVs+”**

III. Besides the above logics fail to connect HIV to AIDS, here, we must also consider that HIV is a kind of retrovirus, as reported by Gallo, and the scientific literature has no evidence that reports "retrovirus to kill cells", in fact retrovirus lead to proliferation of cells. So possibly, Gallo was unsuccessful to connect a retrovirus similar to HIV to be a cause of cancer during the time he was involved in cancer research! It seems that Gallo had a spare virus, which he was desperate to establish a link and causation of a disease, so as to make a proliferating business model.

"Retroviruses are not known to kill cells!"

Chapter 3

CONSPIRACY

The global perception about HIV/AIDS is that HIV is a recently discovered virus, now about 35 years only and it causes new disease called AIDS for which there is no cure and the AIDS patients are destined to die of AIDS.

It will surprise most of you to know that AIDS is not a new disease, it is a new name given to the collection of already familiar illnesses like pneumonia, tuberculosis, diarrhea etc. by Centers of Disease Control (CDC). If during these illnesses, a person is tested positive with the HIV diagnostic test like PCR test and Western Blot test, then the person is

> **"AIDS is not a new disease. It's a new name given to already familiar set of illnesses"**

clinically an AIDS patient. Here, it may be noted that the PCR test or Western Blot test popularly used to diagnose HIV are not approved by FDA to diagnose HIV yet, are widely used to test and label a person as AIDS patient.

Formula for AIDS[14]

Tuberculosis + Positive HIV Test = AIDS

Tuberculosis + Negative HIV Test = Tuberculosis

> **“If you are suffering from pneumonia and also tested HIV+ then, you will be called as AIDS patient”**

In 1982, CDC released diagnosis for 12 illnesses along which if a person is tested HIV+ then, it's infected with AIDS.

AIDS

CDC's 1982 List Of 12 AIDS Diseases

A Protozoal and Helminthic infections

1. Cryptosporidiosis intestinal , causing diarrhea for over one month (on histology or stool microscopy).
2. Pneumocystis carinii pneumonia (on histology or on microscopy of a " touch" preparation or bronchial washings).
3. Strongyloidosis causing pneumonia nervous system (CNS) infection or disseminated infection.
4. Toxoplasmosis causing pneumonia or CNS infection.

B Fungal infections

1. Candidiasis , causing esophagitis.
2. Cryptococcosis, causing pulmonary CNS or disseminated infection.

C Bacterial infection

1-"Atypical" mycobacteriosis causing disseminated infection.

D Viral infection

1. Cytomegalovirus causing pulmonary gastrointestinal tract or CNS infection.
2. Herpes simplex virus causing chronic mucocutaneous infection with ulcers persisting more than 1 month or pulmonary, gastrointestinal tract or disseminated infection.

3. Progressive multifocal leukoencephalopathy (presumed to be caused by papovavirus).

E Cancer

1. Kaposi's sarcoma in persons less than 60years of age.
2. Lymphoma limited to the brain.

Source: https://www.lewrockwell.com/2015/08/donald-w-miller-jr-md/unmasking-medical-falsehood/

In 1987, CDC revised the list to total of 25 AIDS - Indicator Diseases

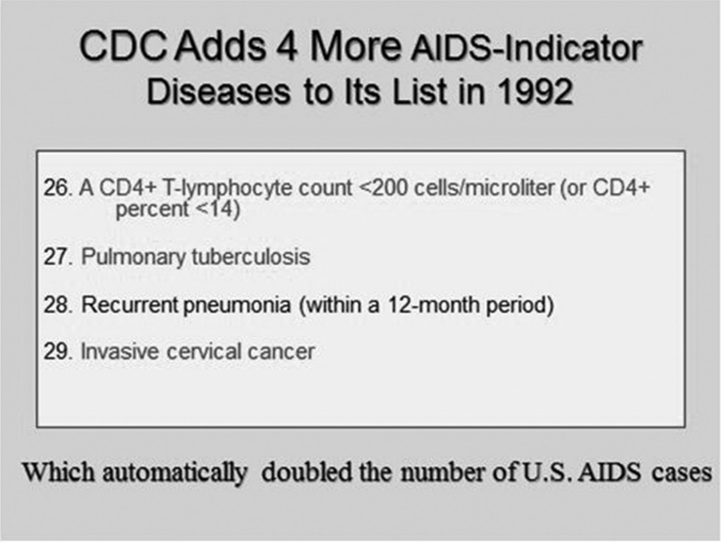
CDC'S 1987 Revised List of 25 AIDS-Indicator Diseases

1. Bacterial Infections multiple or recurrent (applies only to children)
2. Candidiasis of bronchi, trachea, or lungs
3. Candidiasis esophageal
4. Coccidioidomycosis, disseminated or extrapulmonary
5. Cryptococcosis, extrapulmonary
6. Cryptosporidiosis, chronic intestinal for longer than 1 month
7. Cytomegalovirus disease (other than liver, spleen or lymph nodes)
8. Cytomegalovirus retinitis (with loss of vision)
9. Encephalopathy (HIV-related)

10. Herpes simplex: chronic ulcer(s) (for more than 1 month); or bronchitis, pneumonitis, or esophagitis
11. Histoplasmosis, disseminated or extrapulmonary
12. Isosporiasis, chronic intestinal (for more than 1 month)
13. Kaposi's sarcoma
14. Lymphoma, Burkitt's
15. Lymphoma, immunoblastic (or equivalent term)
16. Lymphoma, primary, of brain
17. Mycobacterium avium complex or Mycobacterium kansasii, disseminated or extrapulmonary
18. Mycobacterium, other species, disseminated or extrapulmonary
19. Mycobacterium tuberculosis, any site (extrapulmonary)
20. Pneumocystis jirovecii pneumonia (formerly Pneumocystis carinii)
21. Progressive multifocal leukoencephalopathy
22. Salmonella septicemia (recurrent)
23. Toxoplasmosis of the brain
24. Tuberculosis, disseminated
25. Wasting syndrome due to HIV

Source: https://www.lewrockwell.com/2015/08/donald-w-miller-jr-md/unmasking-medical-falsehood/

In 1992, CDC added 4 more illnesses to the list to total of 29 illnesses.



CDC Adds 4 More AIDS-Indicator Diseases to Its List in 1992

26. A CD4+ T-lymphocyte count <200 cells/microliter (or CD4+ percent <14)
27. Pulmonary tuberculosis
28. Recurrent pneumonia (within a 12-month period)
29. Invasive cervical cancer

Which automatically doubled the number of U.S. AIDS cases

Source: https://www.lewrockwell.com/2015/08/donald-w-miller-jr-md/unmasking-medical-falsehood/

> **“With every passing year the list of AIDS defining illnesses is increasing, causing a proportionate increase in the diagnosis of new AIDS patients”**

On January 1, 1993, the CDC expanded the definition of AIDS to include people with T-cells count of 200 or less without any illness or symptoms.[15]

The new definition resulted in doubling of AIDS patients in a single night![16,17]

In 2008, 2 more medical conditions were included by CDC.

- Frequent- multiple- Bacterial Infections
- Pulmonary lymphoid hyperplasia complex

Here, think of a school, where the school authorities decide to keep on increasing the criteria of passing exams, year after year. So, it's understood that more and more students will fail and the message to the society be such that the children there are born dumb, but the truth is that, though the students' intelligence is at the same level, but the passing criteria has become more difficult.

> **“To prove that the number of AIDS patients are reducing - what CDC needs to do?**
>
> **Simply reduce the number of AIDS defining illnesses from the list!”**

Similarly, it appears that more and more people are diagnosed with HIV+ with every passing year, whereas, the truth is that, the AIDS industry wants to convert the entire humanity into AIDS patients!

This desperation of AIDS industry can be understood by the fact that they have relaxed the HIV+ detection in Africa, as in Africa the HIV test is not compulsory for a confirmatory diagnosis of HIV positive.[18] In Africa, if a person suffers from any of the above listed conditions, along with weight loss and fever or cough, then also they are labeled as HIV+. Understandably, more Africans will be diagnosed as HIV+ in comparison to people living elsewhere. Further to add to the confusion, the AIDS industry devised two variants namely HIV-1 and HIV-2, dedicating HIV-2 to Africa, in an attempt to justify the different diagnostic criteria for Africa.

> **“In Africa, HIV test is not compulsory to diagnose a person for AIDS”**

The ambiguity of diagnosis is not just limited to continents; there exists lot of disparity among nations as well. For example, the Canada's Laboratory Centre of Disease Control (LCDC) does not recognize the CDC of America's criteria of low T-cell count.[19] This means about 25% of the AIDS patients living in America who are considered as AIDS patients on the basis of their T-cell count, will not have AIDS, if they were in Canada.

Even greater disparity can be seen in Western Blot test. Western Blot's test strip has bands that contain proteins such as p160, p120, p41 and p36 etc. as you can see from the table given in the next page.

> **"The criterion of HIV diagnosis varies from country to country"**

Varying Criteria for a Positive HIV Western Blot

		AFRICA	AUSTRALIA	UNITED KINGDOM	USA CDC 1	USA CDC 2	USA FDA	USA RED CROSS	INDIA
ENV gene	p160 p120 p41	ANY TWO	ONE OR MORE	ONE OR MORE	p120/ p160* AND P41	p120/ p160* AND P41	ONE OR MORE	ONE OR MORE	ONE OR MORE
POL gene	p68 p53 p32	OPTIONAL	ANY THREE	p31**			p32	ANY ONE	p36***
GAG gene	p55 p40 p24			p24		p24	p24	ANY ONE	

* The CDC regards p120 and p160 as a single unit-if antibodies to one show up, the others are automatically considered to be present

** Used instead of p32 in the United Kingdom

*** Only p36 is used in India

Source: http://www.theperthgroup.com/SCIPAPERS/biotek8.html

It is assumed that these proteins are specific to the antibodies which the body produces supposedly against the HIV. So, if the blood sample contains the antibodies assumed to be specific to HIV, then the above specific proteins (in the test strip) will react to transform from white to colored band. However, if you closely observe the table below, you will understand that somebody diagnosed as HIV+ in India (reactivity to p160 or p120 or p36), may just take a flight to UK to be declared as HIV- (since the criteria in UK involves p31 and p24 and not p36).

Because of all the above mentioned unscientific diagnostic procedures, an individual diagnosed as false HIV+ goes through intensive psychological trauma alongside dealing with social stigma attached to HIV. This psychologically induced impaired immunity converts the health of a person into a true acquired immune deficiency condition.

> **“If you are diagnosed as HIV+ in India,**
> **just take a flight to UK**
> **to reverse the diagnosis!”**

There are many medical conditions including flu, fever and even pregnancy which increase your chances to be diagnosed as HIV positive, of course it's always a false HIV positive.

Here, is a partial list of medical conditions which increase the chances of an individual to be labeled as HIV+ once tested through the present widely practiced HIV diagnostic tests.

Factors Known to Cause Positive Results on HIV Antibody Tests[20]

- Acute viral infections, DNA infections
- Blood transfusions
- Flu
- Flu vaccination
- Hepatitis

> **“During flu, fever and cold, the blood sugar rises temporarily leading to false diabetes diagnosis”**

- Hepatitis B vaccination
- Leprosy
- Malaria
- Multiple myeloma
- Renal (kidney) failure
- Rheumatoid arthritis
- Tuberculosis

Clearly, it is a conspiracy by AIDS industry to convert the patients of commonly occurring illnesses into their customers till death, by labeling them as HIV-AIDS patients.

> **“AIDS Industry is conspiring to convert the healthy people into AIDS patients”**

Chapter 4

CURE

The cure for anything must start with finding the cause. Unless we are unable to track down the cause and further eliminate the cause, we cannot arrive at the cure. Imagine a puncture in the cycle wheel, unless we are able to detect the nail stuck in the wheel and eliminate it, we will not be able to repair the wheel. In case of AIDS, clearly as explained in the book, the cause is not the HIV. HIV=AIDS=Death is an intelligently thought business model.

Blaming the probable cause of a disease to be something which is not much in our control like a virus etc. is scarier than the cause to be something more in control, say nutritional deficiency etc.

> “HIV=AIDS=Death is an intelligently thought business model”

Along with the fear factor, the stigma attached to HIV/AIDS patients, lead to the continuance of the lie from getting exposed even after 35 years of its existence. For illnesses like heart disease, cancer or even sexual dysfunction, people are open unlike HIV/AIDS patients who are kept under strict secrecy.

According to WHO, India is a country ranked 3rd in terms of number of HIV/AIDS patients or to be precise number of people who are labeled as HIV/AIDS patients. It's almost one in 300 patients are secretly living with the death sentence of HIV/AIDS and are consuming the AIDS medications with the expectation that it will prolong their life.

However, the truth is other way round. AZT drug, the drug which purposely promised to increase the life span of AIDS patients, was first tried as a chemotherapy treatment for cancer patients in

> **“According to WHO, India is a country ranked 3rd in terms of number of HIV/AIDS patients”**

1960s, but was abandoned due to its high toxicity. The AZT drug which was approved in a hassle by the FDA in record 6 months in 1987, was sold hundred times more than the manufacturing cost making it the most profitable drug of all time.

The drug which once tried as a chemotherapy drug for its basic nature of reducing the immunity of the body is now prescribed as an AIDS medicine. People diagnosed as HIV+ are put on AIDS medication leading to the collapse of immune system. It will be no exaggeration to say AIDS medicine causes AIDS.

Following are the conditions caused by AIDS medication; conditions followed by are official AIDS-defining illnesses:

AZT Drug

> “A drug in search of a disease, once tried as a chemotherapy drug, now used as an AIDS medicine”

AIDS by Prescription ?

The following conditions are caused by nucleoside analog drugs (AZT , ddl , ddC , D4T and 3TC). Conditions followed by a star (*) are official AIDS-defining illnesses:

Anemia (requiring transfusion)
Birth defects
Diarrhea*
Dementia*
Fertility impairment
Granulocytopenia
Hair Loss
Headaches
Liver damage
Loss of appetite
Lymphoma (Cancer)*
Muscle Wasting*
Nausea
Neuropathy
Pancreatitis
Pancytopenia
Seizures
Skin discolorations
Spontaneous abortion
T Cell depletion*

Source:https://www.merckmanuals.com/professional

> **“AIDS medicine causes immuno-deficiency!”**

Inspite of the above proven and documented side effects of AIDS medication, the National Institute of Health (NIH) study shows that AIDS medication benefit the patients. This desperate conclusion of supporting AIDS medication on the basis of surrogate markers/clinical outcomes such as increase in CD4 count etc., ignoring the symptomatic feedback such as frequency of vomiting, relief in fever, or control in further weight loss, which of course was getting worse.[21]

The problem with the surrogate markers or clinical findings such as T-cell count is that they may not truly reflect the actual health of the patient as can be understood from the following references:

> **“AIDS medicine aggravates the symptoms”**

I. Studies have yet again indicated that low T-cell count is not co-related with compromised immunity. In case of HIV negative, normal individuals, the T-cell count may vary from 300 to 2000. Even T-cell counts of 200 to 300 did not indicate any health complications under a study with 2000 HIV negative individuals.[22]

II. This clearly meant that T-cell count cannot provide a clear picture of immune function; therefore is unrelated.[23]

III. Furthermore, studies have proved T-cell counts to show no relation with the extent of disease, or disease mortality rate.[24]

IV. It is to note that the viral load tests are majorly inaccurate to detect the presence of HIV, hence, to relate the outcomes with health,

> **“T-cell count does not give the accurate picture of the person’s health condition”**

T-cell levels and progression of illness is baseless.

V. In accordance with the CDC guidelines, vaccinations and acute bacterial infections may result in elevation of viral load test results for many weeks.[25]

Even the biggest trial on AZT medicine, the Concord Trial concluded that the patients on AIDS medicine suffer more and do not get benefit whatsoever.

Clearly, the first step towards cure for those who are already on AIDS medication is to discontinue the medicines and for those who are just diagnosed as HIV+, must not start AIDS medication. As, HIV+ does not mean you are destined to die of AIDS.

> **“The Concord Trial proved that AIDS medicine increases the suffering of the patients”**

There have been many references in the medical literature, where the people diagnosed as HIV+ remain healthy the entire life. Of course, you must always remember that diagnosis on the basis of Western Blot test or PCR test are totally absurd and have nothing to do to predict your future health.

The true patients of AIDS are the patients with classic symptoms of AIDS like prolong diarrhea, continuous unexplained weight loss, fever, flu symptoms for months and symptoms similar to pneumonia/tuberculosis. Their disease is not because of their sexual behavior but due to their habit of consuming recreational drugs.[26]

It is seen that the prostitutes do not become AIDS patients unless they are drug addicts. The consumption of recreational drugs such as Cocaine, Heroin, and Nitrites are very common among the gay people and the sex workers. These recreational

> **“Prostitutes do not become AIDS patients unless they are drug addicts”**

drugs are known to cause diseases which are listed as the official AIDS defining illnesses, as can be seen in the table given below:

Drug Diseases Diagnosed Before the AIDS Era in HIV-Free Drug Users

Disease/(AIDS Defining Diseases)	Drug Used		
	Cocaine	**Heroin**	**Nitrites**
Immunodeficiency	✓	✓	✓
Kaposi’s Sarcoma			✓
Candidiasis	✓	✓	
Pneumonia	✓	✓	✓
Lymphadenopathy	✓	✓	
Tuberculosis	✓	✓	
Weight loss	✓	✓	
Dementia, encephalopathy	✓	✓	
Diarrhea	✓	✓	
Fever	✓	✓	

Source: http://www.vordenker.de/hiv/Duesberg_Genetica_104-1998.pdf

> **“The diseases caused by drugs like Cocaine & Heroin are linked as AIDS Defining Diseases”**

Once these patients are rehabilitated, their diseases and symptoms disappear. Medically, it is called *SEROREVERSION*.[27]

With all the evidences given in the book, we can conclude that AIDS is not a viral disease, it is rather a chemically induced illness, whether by the AIDS medication[28] forced by the doctors or the recreational drugs taken willingly by the people.

Conclusively, the cure for AIDS can be explained in 2 steps:-

Step 1: Discontinuing, the recreational and AIDS drugs.

Step 2: Lifestyle modification to boost the compromised immunity or to recover from the Immunodeficiency Syndrome.

As can be understood from the full form of AIDS,

> **“First step towards cure - is to discontinue the AIDS medication!”**

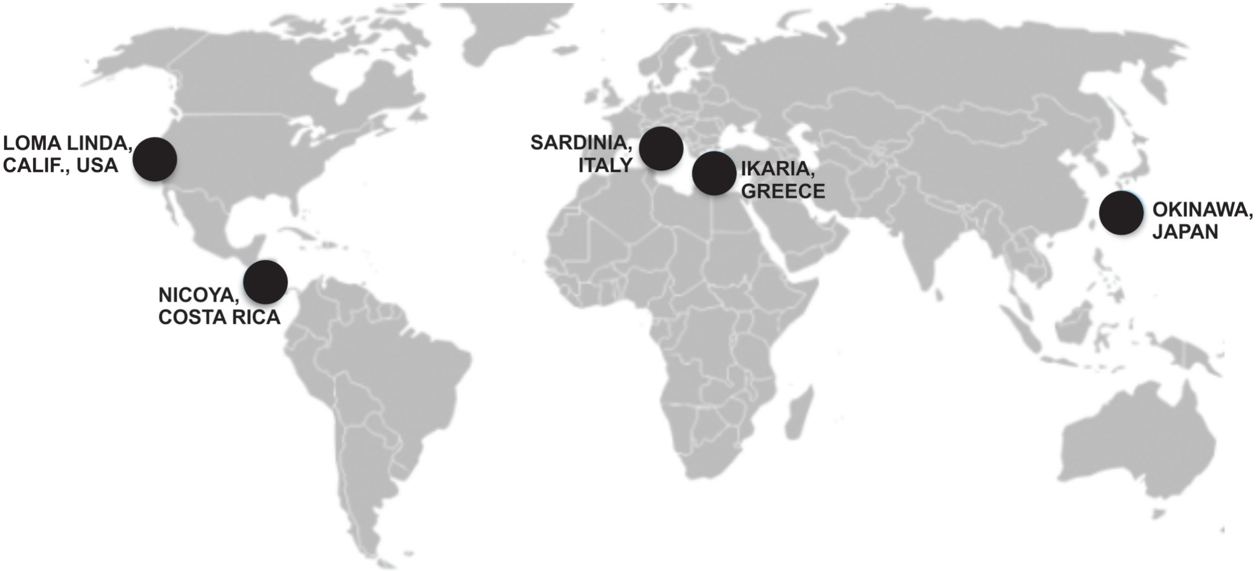
the patients of AIDS are having a compromised immunity.

The most important change in their lifestyle is to change the way they eat!

We can take inspiration from the people who are known for their extraordinary strong immunity and long-life. They are rarely ill and often are able to celebrate their 100th birthday. They are known as blue zone population as is reported by Time Magazine on February 26, 2018.

In the world map given in the next page, you can see that the Blue Zone people are spread across different continents.

> **“Adopt the lifestyle of Blue Zone people to celebrate your 100th birthday”**


LOMA LINDA,
CALIF., USA
NICOYA,
COSTA RICA
SARDINIA,
ITALY
IKARIA,
GREECE
OKINAWA,
JAPAN

BLUE ZONES - WORLD’S LONGEST LIVING PEOPLE

My quest to find the most probable and the common factor which contributes towards their living a long healthy life, lead to the food they choose.

Surprisingly, all the 5 populations rarely eat animal food and dairy products and the consumption of processed/packed food is nil.

About 95% of their food comprises of raw vegetables, fruits, nuts, seeds, sprouts and green leaves.

AIDS patients can benefit by adopting similar food choice.

To prepare your food in accordance to the blue zone population, follow the below given 3 steps.

> **“Avoid animal food including dairy products to boost your immunity”**

Step - I

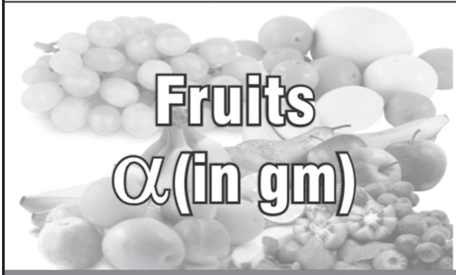
Refer to the table to find your Food Index (α)

To find ‘α’, match your wt (in kg) in red row against your height (feet) in green column.

Food Index	(In kg) 35	37	40	42	45	47	50	52	55	57	60	62	65	67	70	72	75	77	80	82	85	87	90	92	95	97	100
(In Feet) 4.6	300	310	330	340	350	360	370	375	380	395	410	425	480	490	500	520	540	560	580	590	600	625	650	X	X	X	X
4.8	330	340	350	360	370	375	380	390	400	425	450	475	500	520	540	560	580	590	600	625	650	675	700	720	740	X	X
4.10	340	350	360	370	375	380	390	400	425	450	475	500	520	540	560	580	590	600	625	650	675	700	720	740	760	775	X
5.0	350	360	370	375	380	390	400	415	430	465	500	520	540	560	580	590	600	625	650	675	700	720	740	760	780	795	810
5.2	370	365	380	390	400	415	430	440	450	485	520	550	580	590	600	625	650	675	700	720	740	760	780	795	810	825	840
5.4	380	390	400	410	430	440	450	485	520	550	580	590	600	625	650	675	700	720	740	760	780	795	810	825	840	855	870
5.6	X	X	430	440	450	485	520	550	580	605	630	640	650	675	700	720	740	760	780	795	810	825	840	855	870	885	900
5.8	X	X	450	480	520	550	580	605	630	650	670	675	700	720	740	760	780	795	810	825	840	855	870	885	900	910	920
5.1 0	X	X	X	X	X	625	600	625	650	675	700	725	750	760	770	785	800	820	840	855	870	885	900	915	930	955	980
6	X	X	X	X	X	X	X	X	700	725	750	775	800	815	830	855	880	895	910	930	950	975	1000	1025	1050	1075	1100

Step - II

'α' is the amount of food to be eaten in the whole day


Fruits
α(in gm)

Vegetables
α(in gm)

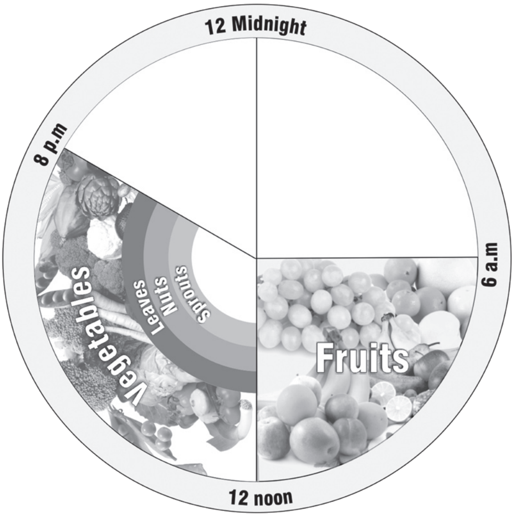
Leaves (α X 0.1)

Nuts (α X 0.05) Sprouts (α X 0.05)

Avoid ➡ Industrial and Animal food (including milk & milk products)

Step - III

Eat fruits/vegetables etc. in accordance to the following:


12 Midnight
6 a.m
12 noon
8 p.m
Fruits
Vegetables
Leaves
Nuts
Sprouts

Special Note: Try not to eat after sunset and every day expose your body to atleast 40 minutes of sunlight.

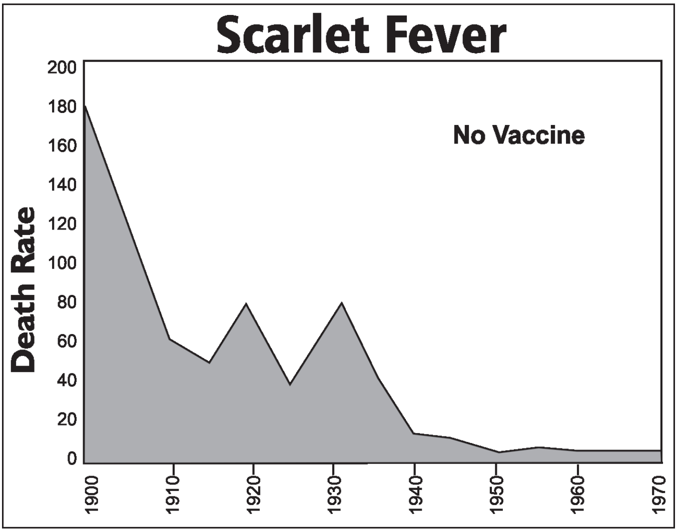
Adopting the above blue zone lifestyle can result in *SEROREVERSION* in a matter of 9 months to an year.

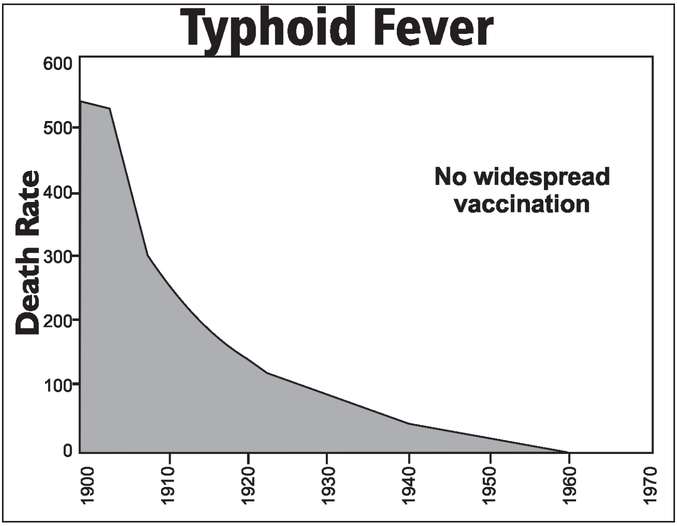
Conclusive Remark:

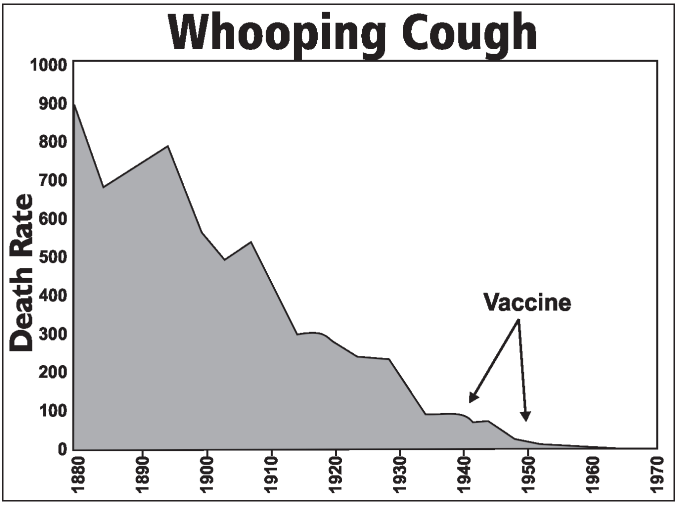
It has been seen in last 100 years that when the humanity suffers from any epidemic, the modern medicine jumps in not as a savior but to take the opportunity to build a business model around the misery of the human so as to save their own existence. This behavior of the allopathic medicine industry is evident from the graphs given ahead:

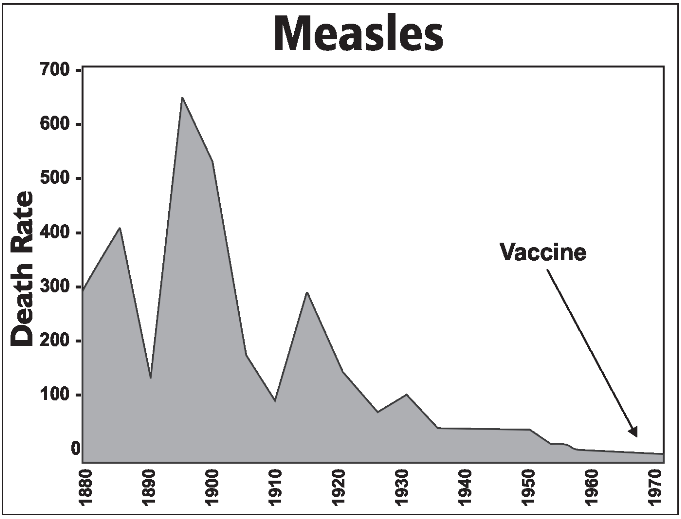
Graphs taken from official year book of Common Wealth of Australia.

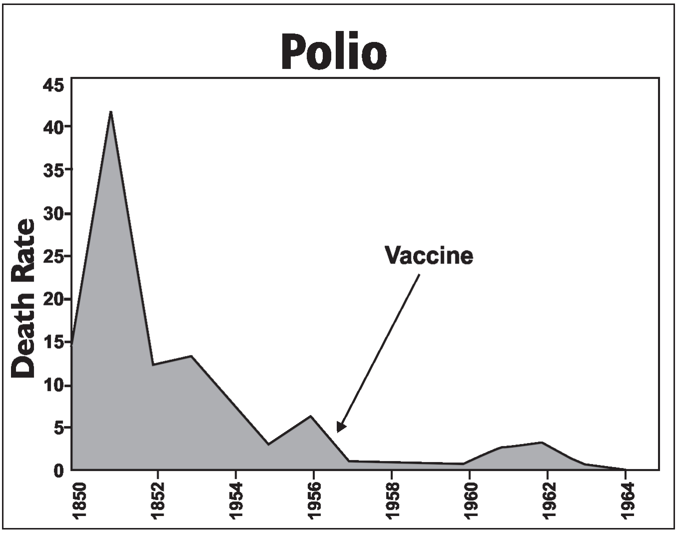
> **“Eating in accordance with the ‘Food Index’ can help in reversing AIDS”**

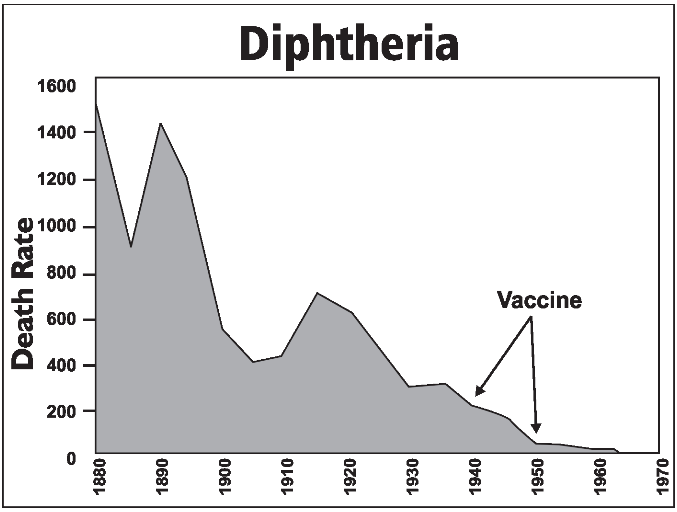

Scarlet Fever
Death Rate
200
180
160
140
120
100
80
60
40
20
0
No Vaccine
1900
1910
1920
1930
1940
1950
1960
1970


Typhoid Fever
Death Rate
600
500
400
300
200
100
0
No widespread vaccination
1900
1910
1920
1930
1940
1950
1960
1970


Whooping Cough
Death Rate
1000
900
800
700
600
500
400
300
200
100
0
1880
1890
1900
1910
1920
1930
1940
1950
1960
1970
Vaccine


Measles
Death Rate
700
600
500
400
300
200
100
0
1880
1890
1900
1910
1920
1930
1940
1950
1960
1970
Vaccine


Polio
Death Rate
45
40
35
30
25
20
15
10
5
0
1850
1852
1954
1956
1958
1960
1962
1964
Vaccine


Diphtheria
Death Rate
1600
1400
1200
1000
800
600
400
200
0
1880
1890
1900
1910
1920
1930
1940
1950
1960
1970
Vaccine

As shown in the graphs, the death rate by infectious diseases was on a decline even before vaccinations were introduced. This shows that vaccinations had nothing to do with the declining death rate. Similarly, the diseases which had no or little widespread vaccination also experienced the same decline in the death rate.

Even in case of life style diseases like heart disease, cancer or diabetes, modern medicine is of no relief. You can learn by reading my books – 'How to Return Alive from the Hospital', 'Heart Mafia' and 'Why the Mortality Rate Drops when the Doctors go on Strike', that only one kind of people benefit from modern medicine i.e. modern medicine itself.

> **“Except in emergency or to handle accidental cases, the modern medicine has failed miserably both in case of infectious and lifestyle diseases”**

Chapter **5**

EXTRACT OF INTERVIEW OF DR. LEONARD HOROWITZ

Interview taken by
Dr. Biswaroop Roy Chowdhury
on 20th March, 2018 midnight (IST)

Dr. Leonard Horowitz is a Harvard trained medical scientist and world's most controversial whistle blower and an author of revealing book “Emerging Viruses : AIDS & Ebola - Nature, Accident or Intentional?", which became the centre of political debate in 2008, when Barrack Obama's minister Rev Jeremiah Wright credited this book for evidencing the HIV/AIDS as a genocidal weapon of mass depopulation.

In the interview he revealed the following shocking facts:

I. In 1972, the Richard Nixon's administration (of U.S.A) was on a look out for an alternative to nuclear weapon. HIV is a bio-weapon invented with the purpose to depopulate the humanity.

II. Till now, since last 35 years of HIV invention, more than 40 million people were killed. The target was much higher.

III. Blacks were targeted to show the white supremacy. As a result, more and more Africans were made the victim of the whole conspiracy of HIV/AIDS. Even India ranked 3rd in terms of number of people victimized due to the scam.

IV. By now, HIV/AIDS is more than a trillion dollar industry resting on the principle of business of fear.

V. The existence of Medical Industry and even the economy of U.S.A. rely on the proliferation of HIV/AIDS industry. Exposing the HIV/AIDS hypothesis may result in the crash of U.S. economy and even the reputation of Modern Medicine will be at stake.

VI. Contaminated blood are being distributed by Red Cross, genetically modified mosquitoes are being spread to cause bio-terrorism such as ZIKA & Ebola leading to auto genocide.

SECTION - II

Review Article:
HIV-AIDS, Is Not a Viral Disease; It is a Metabolic Syndrome

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Journal of Metabolic Syndrome
Chowdhury, J Metabolic Synd 2018, 7:1
DOI: 10.4172/2167-0943.1000239

Review Article Open Access

Review Article: HIV-AIDS, Is Not a Viral Disease; It is a Metabolic Syndrome

Publisher: Journal of Metabolic Syndrome

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Abstract

In the past 3 decades, we have been living with the hypothesis that, “HIV causes AIDS.” HIV, Human Immunodeficiency Virus is considered as the causative agent of AIDS, Acquired Immunodeficiency Syndrome; wherein the body's immune system gets damaged opening doors for major infections. However, the 3 Nobel prize winner prestigious scientists including Luc Montagnier (discovered HIV), Kary Mullis (invented PCR test for HIV detection), and Wangari Maathai, (renowned African environmentalist), along with thousands of other scientists and intellects worked on the other side of the coin to prove back and again that the above said theory is a misconception. Last 35 years have provided immense literature and investigation evidences to firmly conclude that

> **“Does HIV really cause AIDS?**
>
> **A question asked by atleast 3 Nobel prize winners in last 3 decades!”**

HIV is not the real cause of AIDS. On the other hand, malnutrition and metabolic syndrome due to drug abuse have been pointed as the real convicts. This review article revolves around the same theory for better understanding the HIV-AIDS hypothesis to be fallacious and search for valid causes.

Keywords: HIV; AIDS; HIV causes AIDS; Viral Disease; AZT

Introduction

The idea that AIDS is caused by a virus was introduced by Dr. Robert Gallo, a researcher of National Institute of Health, USA [1-4]. On April 23, 1984, in an international press conference, Gallo announced his discovery of a new virus to be the probable cause of AIDS. He announced his

> **“NIH announced HIV to be the cause of AIDS without allowing the scientific world to scrutinize; a standard protocol followed before every scientific announcement!”**

hypothesis without providing any evidences in support, thereby, violating the scientific protocol; as a researcher must first publish his claim in a medical journal for experts to examine, duplicate the findings with experiments and establish the hypothesis [5-7]. After several days of announcement of HIV-AIDS hypothesis; Gallo published his paper to support the idea, whereas, even in his paper, he could not relate HIV virus to most of the AIDS patients [8].

This article aims to review the HIV-AIDS hypothesis introduced 34 years back, with the prime objective to investigate two major aspects:

I. Is HIV the cause of AIDS?

II. If not HIV, then what causes AIDS!

> **“Gallo, the originator of HIV-AIDS hypothesis could not prove that HIV causes AIDS in his own research paper”**

Does HIV cause AIDS?

There have been several loop holes and errors in the diagnostic protocols for HIV detection. According to the Koch's postulates, to establish a virus (or microorganism), as a causative agent of a disease, the virus must be found in all the cases of the disease. However, as mentioned in the Introduction, in the paper published by Gallo, he could not find the virus in all the AIDS patients subject to his study [9].

Listed under are the other major evidences to support that HIV may not be the cause of AIDS:

I. In 1984, CDC (Centers for Disease Control) scientists reported that the positive HTLVIII/ LAV, Human T-cell lymphotropic virus Type III/ lymphadenopathy-associated virus (the name originally used for HIV) antibody test cannot establish whether the person is currently infected by the virus or not [6].

> **“According to CDC, antibody test cannot establish whether the person is currently infected by the virus or not”**

II. In 1996, Johnson reported about 60+ factors which may result in false positive test for HIV antibodies in ELISA or Western Blot test [10]. It is important to note that factors included - malaria, flu, vaccinations and even pregnancy in women. These findings and evidences were published in highly regarded journals including AIDS, Lancet and the Journal of American Medical Association [10].

III. In 2010, Bauer reported that the standard criteria to detect the presence of HIV in Western Blot test are p41 and p24 - proteinantigens, which can also be found in the blood platelets of a HIV noninfected/ healthy individual. This meant that the marker used to establish the presence of HIV in a person is not specific to HIV or even AIDS patients. Even a healthy person may test HIV positive in Western Blot test and may not carry HIV at all [11].

“Factors like malaria, flu, vaccination & even pregnancy may lead to false HIV+ diagnosis, when tested through ELISA or Western blot test”

IV. Kary Mullis, the inventor of PCR test and a Nobel Prize winner stated that, it is inappropriate and incompatible to count or estimate the quantity of virus percentage, as the test can only detect proteins, which are in some cases mistakenly believed to be unique to HIV. Furthermore, the test can detect genetic sequences of the virus, but not the virus themselves [12].

V. Human endogenous retrovirus or HERVs are produced by the body itself during illness or as by-products on cell death. These HERVs are particle like and very similar to retrovirus [13]. Hence, the genetic sequences detected by PCR test may not be those from an exogenous virus at all and may explain the false positive test [11,14]. Similarly, the HERVs can be reactive when testing for HIV antibodies (ELISA, Western Blot test) and may also result in false positive [15].

> **“HERV, a virus produced by the body itself may lead to false HIV+ diagnosis, when tested with the present diagnostic techniques for HIV”**

With the support of all the above evidences, we can conclude that HIV may not be the cause of AIDS. Thereafter, the obvious question is - “What causes AIDS?"

What causes AIDS? Is it a Metabolic Syndrome?

According to Koch's postulate's 2nd principle (see 1st principle in the above section), to establish a virus as a causative agent of the disease, it must be isolated from the diseased body and cultivated as a pure culture. However, HIV has never been isolated from a human body, as is reported by Etienne de Harven in 2010. He stated that all the images of particles supposedly representing HIV and published in scientific journals; did not come directly from AIDS patients [16,17]. It may be noted

> “HIV has never been isolated from a diseased person!”

that Etienne is the scientist who presented the first electron micrograph of mouse leukemia virus in 1960 [9].

If not HIV, what may cause AIDS? The following evidences suggest metabolic syndrome and chemical ingestion to be the prime causes of AIDS.

I. Oxidative stress reduces the cells ability to absorb oxygen leading to cell's death. Oxidative stress has been associated with many medical conditions including metabolic syndrome, diabetes type 2 and cancer [18-20]. Homosexuals, diagnosed as HIV positive or suffering from AIDS, are also found to be drug abusers, these drugs are potent oxidizing agents. Even Luc Montagnier (co-discoverer of HIV and a Nobel prize winner) suggested use of anti-oxidants for the treatment of HIV/AIDS patients [21,22].

> **“Oxidative stress may cause AIDS”**

II. The research on Nitric oxide (NO) was still in its infancy at the time when HIV-AIDS hypothesis was proposed [18]. Now, it is well recognized that NO is an important signaling molecule in activation of immune system [23]. Adequate level of NO is required to regulate the blood pressure, blood sugar, metabolic activities and for defense mechanisms. However, the excessive amount of NO may lead to T-cell depletion (one of the AIDS defining factor), inflammation, infection and metabolic syndrome [24,25]. The excess of NO is caused by factors like Nitrite Inhalation (example-using poppors), immunotoxic medications (example-taking antiretrovirals) and many other factors which are commonly found among homosexual's HIV positive individuals [18]. Drug use but not sexual behavior is the major risk factor for homosexual HIV positive

“Drug abuse may cause AIDS”

population [24]. Even prostitutes may not contract HIV unless they are habitual drug addicts [26,27].

III. In 1985, Dr. Anthony Fauci, the director of NIAID (National Institute of Allergy and Infectious Diseases) reported that the major cause of immune deficiency diseases is malnutrition, which is most prevalent in developing regions like Africa, where diseases like measles affect millions of lives [28]. Malnutrition, crowded living conditions and poverty are known to be common around the globe especially among AIDS affected countries/regions. Malnutrition in an expectant mother may sometimes lead to lifelong immune-suppressive effects [29]. Also, infections due to malnutrition led immunodeficiency are the world's leading cause of death among infants [29].

IV. Immuno-suppressive effects of pharmaceutical drugs including drugs prescribed for AIDS patients

> **“Malnutrition may cause AIDS”**

like AZT (azidothymidine) etc, chemotherapy and recreational drug abuse, are all known to cause pneumonia, mouth sores, fever & night sweats, which are associated medical symptoms for AIDS [30].

V. Stress, anxiety & depression are known to cause compromised immune system and result in symptoms identical to AIDS [31]. Mental Stress leads to increased production of cortisol, which often causes reduction in T-cells, resulting in production of HERVs (as discussed before in the article) leading to false HIV positive diagnosis and AIDS like symptoms.

Conclusion

AIDS is not a new illness with which humanity is suffering from the past 34 years or so. In fact, it is a collection of 29 familiar diseases (including

> **“Depression may cause AIDS”**

pneumonia, tuberculosis, certain kinds of cancer, diarrhea etc) collectively given a name called AIDS. As, according to CDC (Centers for Disease Control), if a patient with any of these 29 diseases is also tested positive for HIV; then will be considered as an AIDS patient. For example, if a person suffering from tuberculosis is also tested HIV positive, then the illness will be called as AIDS, otherwise it will be only tuberculosis. However, all kinds of HIV detection tests themselves have loopholes with big chances of errors and false positive results, as is demonstrated in the first section of the article. Unreliability of these tests can be well understood by the fact that, the court of law does not consider the evidences to prove an individual's HIV status to be legally correct, as is evident from the court's decision released by Office of Medical and Scientific Justice (OMSJ) in 2015.

> **“HIV causes AIDS could not be proved in the court of law”**

On February 23, 2015, the U.S Military appealed court to overturn the HIV conviction of sentencing a sergeant to 8 years jail term, convicted for attending a sex party and disclosing his HIV positive status. The court ruled that the evidence to test his HIV status is legally insufficient [32]. Considering the above discussion, it can be well concluded that, “HIV-AIDS is not a viral disease; it is a metabolic syndrome.”

> **“HIV test is not legally accepted to establish that a person is HIV positive”**

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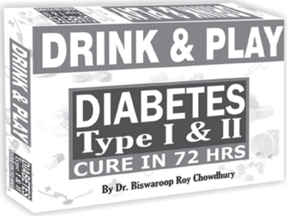
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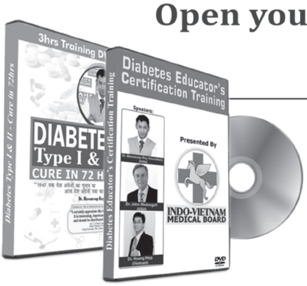
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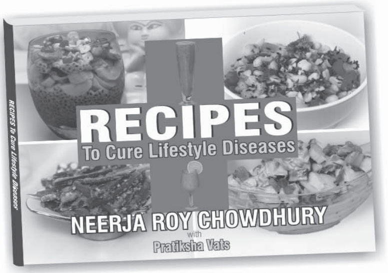
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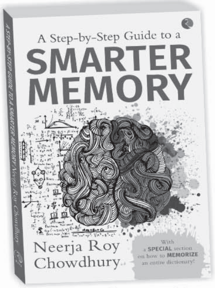
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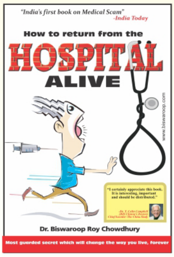
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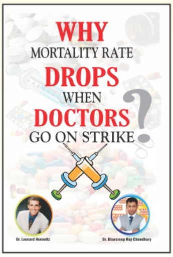
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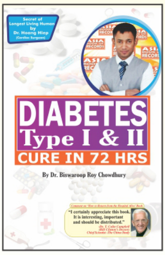
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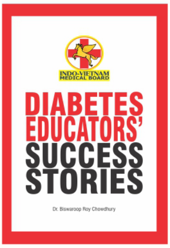
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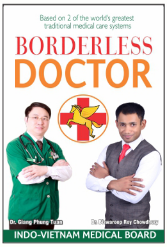
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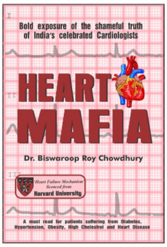
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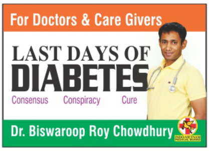
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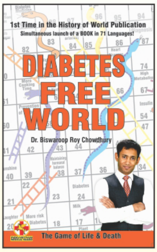
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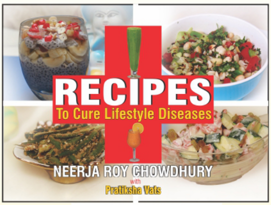
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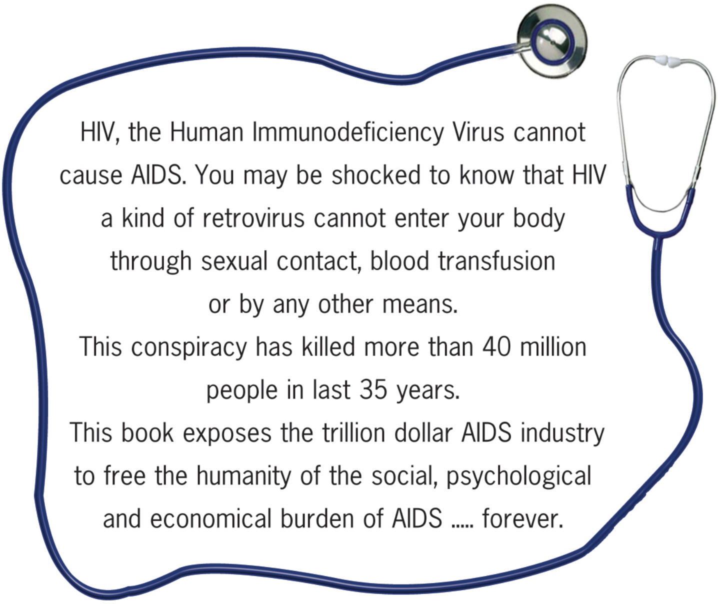

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